

West Ukrainian National University

Bohdan Havrylyshyn Education and Research Institute of International Relations



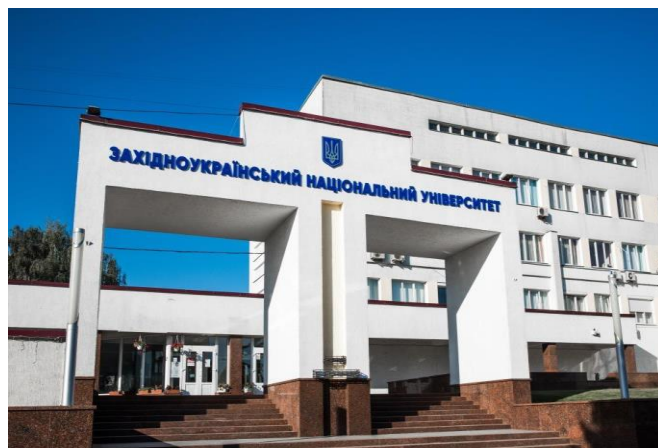
Guide for international students

Ukraine, Ternopil
2021

West Ukrainian National University (WUNU) is a classical university of Ternopil, a leading modern educational institution, where the academic spirit and science, passion and discipline - the corner stones of identity formation - reign. The university is always developing, as to master the art of living one must look to the future.

Ternopil is a student city. It infallibly enchants anyone who sets foot on its ancient lands, with their quiet streets and open-minded people. West Ukrainian National University is among the best economic institutions of higher education in Ukraine. This is where intellectual product is created through a journey from mere concepts to progressive ideas brought to life.

In 2020, West Ukrainian National University was ranked 13th among two hundred Ukrainian universities in the "Top 200 Ukraine" rating of higher education institutions and 33rd out of 241 in the consolidated ranking of Ukraine. WUNU is in the top five among Ukrainian higher education institutions according to Webometrics, whose assessment of quality of scientific activity is based on the analysis of citations by scientists of world universities on Google Scholar.



L. Kanishchenko WUNU Library is a modern high-tech information system. It provides 24/7 remote access to information resources, offers a variety of online services and ensures digital support for education.

There are 601368 copies stored within the West Ukrainian National Library, which includes over 100 thousand digital publications. Various resources available through the library include 255,711 copies of scientific literature, 239,993 copies of educational literature, and 23593 copies of fiction. All literature is indexed, barcoded and assigned an ex-libris of the Library.



**You can see the
3D panoramas
click [here](#)**



Sport in university

Our students have the opportunity to do their favorite sports. They are multiple winners of sports competitions. International is an active participant in all university, national and international sporting events. In 2020, more than 300 university students participated in the all-Ukrainian competitions.

- ✓ 7 classical masters of sports of the international class and 28 masters of sports of Ukraine study at the classical university of Ternopil.



International Activity



International experience of WUNU is based on 110 concluded active agreements on international cooperation with foreign partner universities and 22 agreements on cooperation with international organizations in Europe, Canada, USA, Africa, China, Kazakhstan, and Ecuador. We continuously implement international educational, scientific and research projects and expand the treasured list of our collaborators.

The University is a full member of such organizations, associations and networks as European University Association, European Association for International Education, Baltic Programme of Universities, Magna Charta Universitatum, Border University Network, The Eastern-European University Network, Norwegian-Ukrainian University Alliance.

*Doctor of Economic Sciences, Professor **Andriy Krysovatty**
Rector of West Ukrainian National University*

FOR INTERNATIONAL STUDENTS

Here is information about ADMISSION PROCEDURE.

You can find the list of documents and rules to become student of West Ukrainian National University

Click on here:

ADMISSION
PROCEDURE

Bohdan Havrylyshyn Education and Research Institute of International Relations



Institute has over 30 years of experience. Students get good knowledge here and graduates are successful professionals.

The Institute hosts modern, spacious lecture rooms and computer laboratories with an unlimited search capacity for future scientists. Students are taking active part in scientific seminars, round table discussions, Ukrainian and foreign conferences. BHERIIR is an integrated community, which unites students from more than 20 countries of the world. We communicate, share cultural and traditional experience, sing and dance, participate in the cultural events of our city.

The institute has new spacious auditoriums, computer laboratories, and an electronic library that provide unlimited search opportunities for future scientists. Among international students - winners of competitions, contests, scientific essays. International students take an active part in scientific seminars, round tables, Ukrainian and foreign scientific conferences. On the basis of the departments created scientific circles that work on important and topical issues of our time.

The institute actively cooperates with leading higher education institutions in the USA, Canada, Europe, Africa and Asia; takes an active part in the implementation of academic mobility programs within the programs of practice and internship, semester training, teacher training. The Center operates in the institute:

"Oriental Studies and African Studies"



UKRAINE

- The official language is Ukrainian.
- The currency is called the Ukrainian hryvnia (UAH).
- Currency exchange offices are also widely available. The exchange rate is approximately £1 = 39 UAH, US\$1 = 27 UAH, €1 = 33 UAH (as of July 5, 2021).
- The time zone: UTC+2[9] (EET). The time in Ukraine is 2 hours ahead of London and 1 hour ahead of most of the EU, including Paris and Berlin.

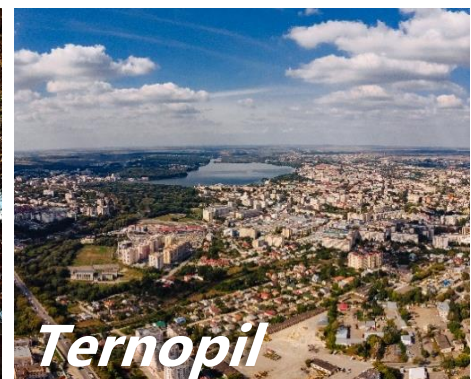


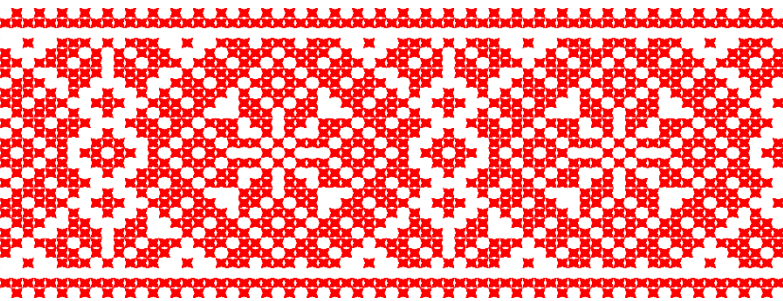
Ukraine is located in the Eastern Europe. Around 41 million people live in Ukraine. The area of Ukraine is 603,548 km². Ukraine is the largest country in Europe (among those whose territories are fully located in Europe.). It is bordered by the Republic of Belarus to the north, Poland, Slovakia and Hungary to the west, Romania and the Republic of Moldova to the south-west, and the Russian Federation to the east and north-east. In the south and south-east, Ukraine is bounded by the Black Sea and the Sea of Azov.



Best cities to get to know the country:

- ❖ Kyiv – the capital of Ukraine
- ❖ Lviv – the cultural capital of Ukraine
- ❖ Odesa – the resortlike tourism capital of Ukraine
- ❖ Ternopil – the historical and geographical capital of Ukraine





People, Religion, Festivals and Traditions in Ukraine

Ukraine is famous for its bright traditions and dynamic cultural life, which attracts more and more visitors to this beautiful country.

Historical Background

Excavations prove, that Ukrainian territory was inhabited since 32,000 BC. Ukraine is homeland of one of the most ancient civilizations – the Trypillian Civilization, which flourished on her territory between approximately 7,000 to 5,000 years back in history. At different times territories of Ukraine were conquered and ruled by such countries as Lithuania, Poland, the Ottoman Empire, Austria-Hungary, and Russia.

People

Ukrainians belong to East Slavic ethnic group and are the 8th largest nation in Europe. A wide-ranging Ukrainian diaspora exists throughout the World. Officially around 10 million people outside Ukraine identify as having Ukrainian ethnicity. Ukraine is famous for such well-known in the world personalities as writer Taras Shevchenko, painter Kazimir Malevich, spacecraft designer Sergei Korolev, boxers Klitschko brothers and many others.



Religion

Ukraine guarantees freedom of religion

Ukraine is a secular state with a high level of religious freedom. According to the country's Constitution, church and state are separated from each other. More than 90% of religiously active citizens are Christian. The most important national Ukrainian shrines are included on the World Heritage List of UNESCO.

In Ukraine the dominant religion is Eastern Orthodox Christianity (over 88% of religious population) and about 15,8% of the religious population in Ukraine are Catholics (mostly in Western Ukraine). In addition, nearly 500,000 Muslims and 400,000 Jews are estimated to live in Ukraine.

Festivals

In Ukraine there are 11 public holidays

Date	National Holiday (day off)
01-Jan	New Year's Day
07-Jan	Orthodox Christmas
December 25th	Catholic Christmas
08-Mar	Women's Day
Date is changeable	Orthodox Easter
Date is changeable, Easter + 49 days	Orthodox Pentecost
01-02-May	Labour Day Holiday
09-May	Victory Day over Nazism in World War II
28-Jun	Constitution Day
24-Aug	Independence Day
14-Oct	Defender's Day

There are some nationwide holidays that play very important role for Ukrainian formation. Among them are the Day of Collegiality (January 22), Constitution Day (June 28), Independence Day (August 24). They are commonly associated with fireworks, parades, fairs, picnics and concerts.

Traditions



Ukraine has unique and diverse culture that is based on ancient Slavic traditions and symbols.

Ukrainian traditional dance (hopak, cossachok) and music mostly came from Cossack era (15-18th century). Worldwide famous Christmas song "Carol of the Bells" was written by Ukrainian composer Nikolai Leontovich. The traditional dress of Ukraine is Vyshyvanka (embroidered shirt). It is traditionally adorned with black, red or blue motifs.

Food

BORSCHT

This is a traditional Ukrainian dish, which is eaten almost every day and served everywhere.



FISH SOUP

In Ukraine, we firstly take a perch, ruff, pike perch, crucian carp or any other fish for soup, as well as vegetables, spices and spring. This seasoning was called "salamur" or "lyok" by



UKRANIAN BREAD

Rye and wheat flour, rarely barley and corn, were the main ingredients for making Ukrainian bread.

SALO (LARD)

Is eaten as a stand-alone food, mainly in raw, baked form, in the form of cracklings or as a variety

PASKA

Ukrainian ceremonial buttery Easter bread



MEAT

Stewed chicken or pork with vegetables and mashed potatoes. Meat is consumed in various ways, often fried and stewed. Meat dishes are especially tasty when prepared in skull pots and they are common in Ukraine. Chicken Kiev

Chicken Kiev is a type of meatball-like dish made of pounded chicken fillet that is rolled around cold butter.

VARENYKY

Varenyky (dumplings) with cheese and sour cream, with cherries and blueberries, with poppy seeds, drizzled with honey have all gained special fame.



DRINGS

- Dairy drinks are characteristic for Ukrainian cuisine. Especially common are pryazhene moloko(baked milk), kysliak (soured milk), and ryazhanka (fermented milk).
- Uzvar is one of the favourite drinks. It's a decoction of dried fruits, which is often replaced by compote in summer.
- Syrivets — bread-based fermented beverage, kvas

Kyivstar, Vodafone and Lifecell are the leaders in mobile network. All major cities have 4G mobile communication. The average bill will range from about 100 to 250 hryvnias, depending on the cellular carrier and the chosen plan. The plan is paid monthly. The bill is from approximately 3.50 to 8.40 euros and from 4 to 10 dollars (taking into account exchange rate fluctuations as of November 2021). The terms of the tariff plan also include free features, such as using Instagram, YouTube + YouTube Music, Facebook, and others.

The banking system of Ukraine is quite developed and stable. The largest Ukrainian banks are Privatbank, Oschadbank and Ukreximbank. The largest banks of foreign banking groups are Raiffeisen Aval, Alfa-Bank and Ukrsibbank BNP Paribas Group.

The status of socially important was confirmed by five payment systems:

- "MasterCard", MasterCard International Incorporated, the USA;
- "Visa", Visa International Service Association, the USA;
- "NovaPay", LLC "NovaPay";
- "Western Union", Western Union Financial Services Inc.the USA/Western Union Network, SAS, France;
- "Postal transfer", JSC "Ukrposhta"

Likewise, you can pay by bank card or phone in almost all supermarkets, small family shops etc. Contactless payment is using the most.

There are also no problems with postal items in Ukraine. In Ukraine there are such postal services as:

- Ukrposhta
- New post (Nova poshta)
- Meest
- FedEx
- UPS

Ukrainian postal services are also engaged in international delivery

Airports

LVIV AIRPORT NAMED AFTER DANYL HALYTSKY

Ternopil does not have its own airport.
Firstly, you need to reach Lviv or Kyiv airport.



For one liter of gasoline you have to pay about 1 euro.

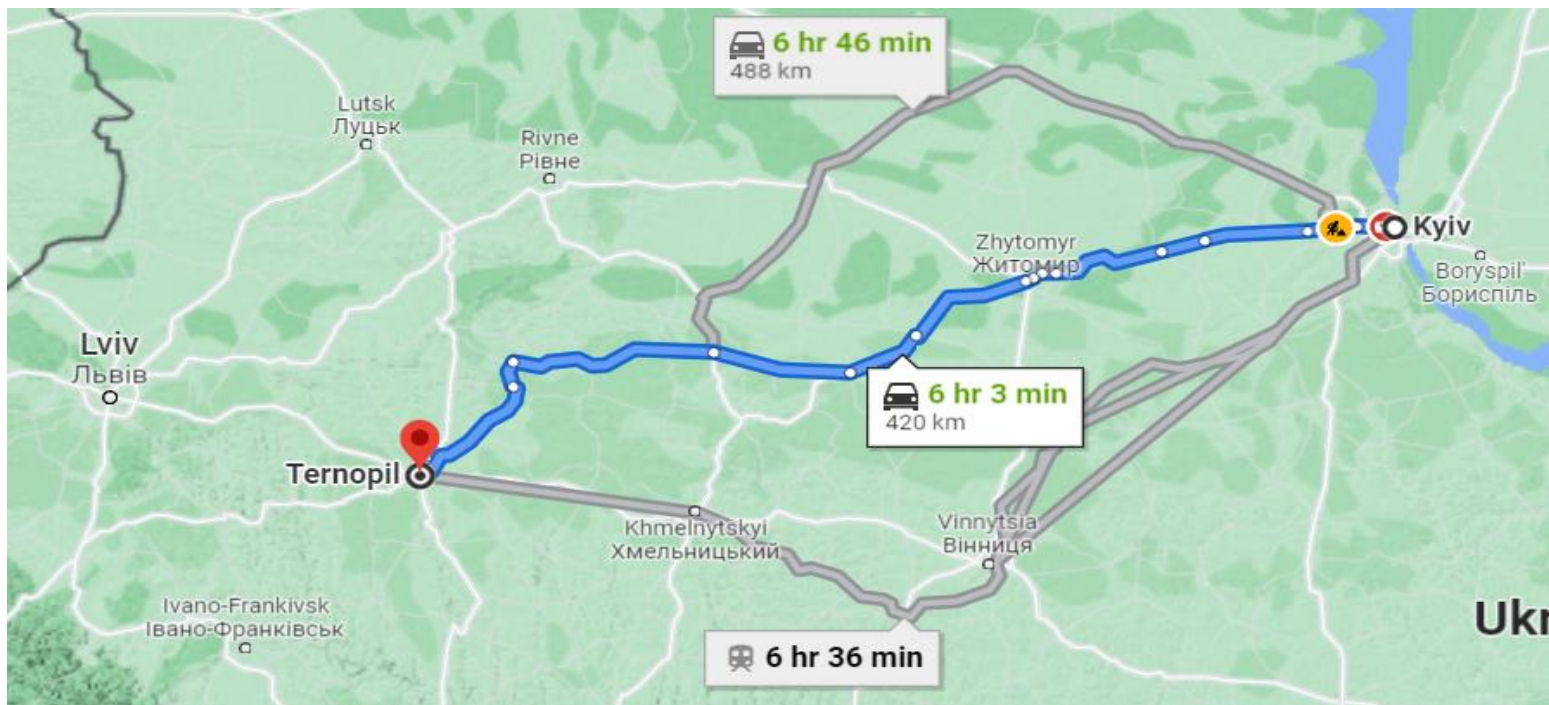


KYIV AIRPORT «BORYSPIL»

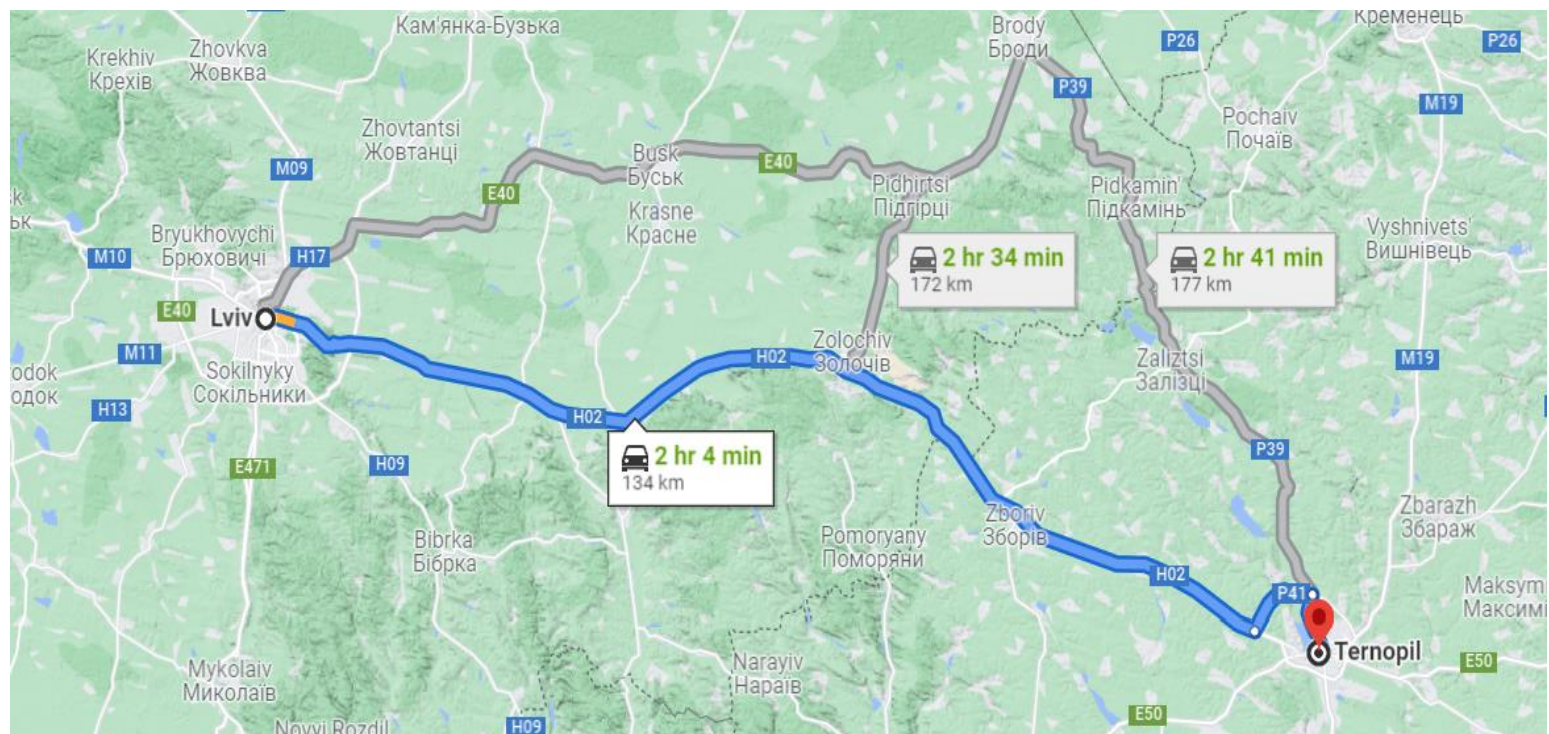
After this you should use some kind
of transport like auto, bus or train.

KYIV AIRPORT (ZHULYANY)





The way from Kiev to Ternopil reaches about 450-500 km if you go by car, such a trip takes about 7 hours



From Lviv to Ternopil the road takes about 2.5 to 3 hours and has a length of about 150-180 km

You can also use the BlaBlaCar service (online platform for finding car passengers) Also in this application you can find bus transportation.



From Kyiv to Ternopil – 13.30 Euro
From Lviv to Ternopil – 3.30-6.60 euro



<https://uz.gov.ua/en/>

To use the train, you need to go to the website of Ukrzaliznytsia and find the necessary ticket.

LVIV RAILWAY STATION

The price of a train ticket from Lviv to Ternopil can vary from 5 to 25 euro.

KYIV RAILWAY STATION

The price of a train ticket from Kiev to Ternopil can vary from 6.50 up to 33.50 euro.
This depend on accommodation and type of train.

TERNOPIL



Ternopil was first mentioned on April 15, 1540, when King of Poland, Sigismund I, issued a charter to the Cracow castellan, Great Crown Hetman Jan Amor Tarnowski, to establish the city and own the land around it. He significantly strengthened it, making it the guard of Podillya and Red Ruthenia for two years. Then they began the construction of the castle, which has been rebuilt to this day.

River Seret flows through the city.

The biggest reservoir is Ternopil Lake, which is situated almost in the centre of Ternopil.

Nearby, there are two beaches and a 210 metres fountain, which claims to be the longest in Ukraine.

Ternopil was recognized as the most comfortable city in Ukraine. It differs favorably from other cities in safety, low cost of housing and higher life expectancy.

➤ The population is approximately 220,000 people.

➤ The climate there is temperate. The summer is warm and wet and winters are mild. The average temperature in January is 5 degrees below zero and in July it is 20 degrees above zero. Autumn and spring are the transitional seasons of the year. The average temperature in Ukraine in summer ranges between 25-35°C.

➤ Ternopil is considered as one of the greenest cities of the Western Ukraine. As it is called by the visitors it is park-city.

➤ Modern Ternopil is a student city due to the large number of education institutions.

➤ Ternopil is crossed by railways and highways connecting it with Western Europe.

➤ Ternopil is a center for various cultural and artistic festivals and music competitions.

➤ The world championship in water and motor sports is conducted in Ternopil every year.

SIGHTS OF TERNOPIL ARE CONCENTRATED IN THE CITY CENTER, WHICH IS JUST TWO MINUTES WALK FROM THE TRAIN STATION:

TERNOPIL CASTLE

The old castle is one of the main attractions of the city.

It is worth mentioning that the Ternopil region is generally rich in castles: Chervonogorodsky, Kremenets, Zbarazh, Berezhany, Buchach, Kudrynets, Skala-Podilsky, Skalat, Terebovlya, Mykulynets and others. Therefore, if you are interested in history and medieval architecture, you can arrange a tour

TERNOPIL POND



The city does not have a large "city-forming" river (the river Seret is very small and can merely claim this title), but this huge lake easily performs its functions. Be sure to take a boat trip on the lake in Ternopil, especially since it costs a little money.



THE ISLAND OF LOVERS

A romantic place connected by a bridge with Shevchenko Park. It has picturesque views of the same Ternopil pond. Newlyweds arrange photo shoots here, residents and guests of the city relax by the water, admiring the beauty around.



THEATER SQUARE

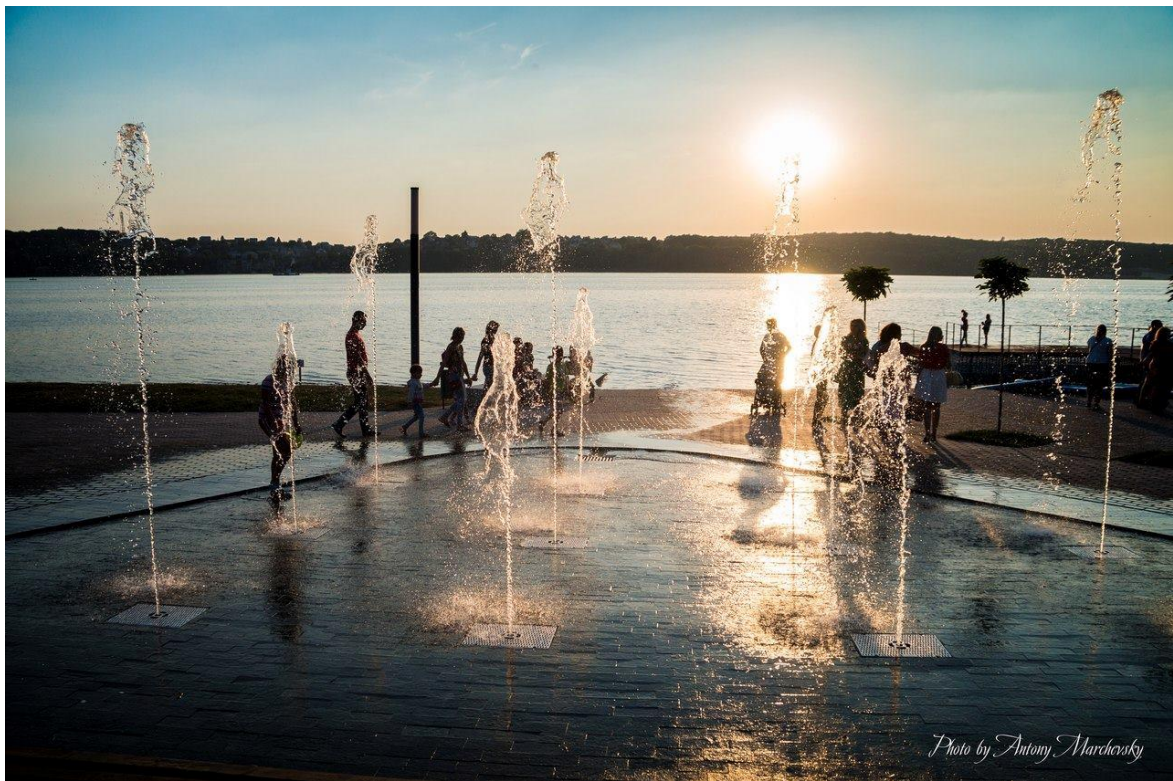
The pride of the city, the place of the soul. It looks especially great in the evening when the lights are on and the drama theater is lit up. The area is spacious and not overcrowded, there are several fairly cheap cafes nearby. Therefore, the question of where to eat in Ternopil on the Theater Square disappears instantly. One of the best places for walks is Taras Shevchenko Boulevard, which is right by the Theater Square. It has an original three-sided clock, a monument to Solomiya Krushelnytska, fountains and a couple of other nice monuments.



Church of the Immaculate Conception of the Blessed Virgin Mary
The beautiful temple is located at the end of one of the pedestrian streets. This church was built in the Baroque style in the XVIII century.

Next to the entrance there is a model of the central part of the city, and across the road - a monument to Danylo Halytsky, which also deserves tourist attention.





"TSYHANKA" BEACH

Another favorite location of Ternopil residents is a beautiful beach, which was opened after reconstruction in August 2016. There is an extreme park and a "dry" fountain.

FOOD ESTABLISHMENTS:

- The museum restaurant "Staryi Mlyn" is authentic Ukrainian cuisine and colorful interior, as the foundation of the building is the foundation of the old steam mill, which operated on this site before the war.

- The "Kovcheh" Restaurant is built in the form of a ship, has an atmospheric interior of natural materials (petrified wood, hay, clay and moss), which give a special charm. The menu includes popular dishes of the peoples of the world.

- Restaurant "Na Nebi" is located on the 6th floor, so from its

panoramic windows and terrace offers a magnificent view of the city.

- Restaurant "Mamont" - located in the building of the Museum of Local Lore and conceptually dedicated to its main exhibit - a mammoth, hence the name of the restaurant. Every detail of the interior is thought out to the smallest detail and will not leave you indifferent.

- Many Ternopil residents call "Karma Kava Coffee House" the best coffee in the city. The choice of coffee drinks and desserts is very large, the room, though small, but cozy.

Dictionary

What is the language in Ukraine?

The official language is Ukrainian. Here are some basic phrases in Ukrainian that might be handy during your stay in Ukraine:

Hi — Привіт /Pryvit/

Hello – Добрий день /Dobryi den’/

Excuse me — Вибачте /vybachte/

How are you? — Як справи? /Yak spravy/

Very good — Дуже добре /Duzhe dobre/

You are welcome (Будь ласка) — /Bud’ laska/

Thanks — Дякую /Dyakuu/

Goodbye, formally — (До побачення) /Do pobatchennya/